

# Welcome to Zoomolicious Community Sing

A virtual offering from Let My People Sing! For Bend the Arc's Pursuing Justice Conference 2020  
<https://www.letmypeoplesing.org/calendar>

*What songs have been medicine for you during this time?*

## Guidelines for leading a song:

- Share your name
- Share what pronouns you use if you like
- Briefly tell us where the song comes from // who taught it to you // or any context you know
- Share the lyrics in the Chat (Margot will paste in this document on page 2)
- **Then Teach the song!!!**
  - Repeat after me in chunks
    - Repeat yourself
    - Ask Noam or Arielle to be your repetition buddy
  - If it is short, sing over and over again
  - Use your hand to show if you are singing higher or lower notes, going along with the melody (we can all join along to 'sing' together)
  - Teach the words first, then the melody (or visa versa!)
  - Tell us what the words mean if they are not in english
- Hold space for silence afterwards

## *Some notes on virtual community singing*

- As much as possible, please write or paste the lyrics to your song into the chat.
- In order for virtual singing to work, all participants except the leader need to be **on mute**. This will allow us to hear the leader clearly and sing along with them in real time!
- We can learn new songs from one another on virtual singing, but we can't build the energetic power of the group's collective voice as we sing. This means that our attention spans for each song are a bit shorter than when we sing together in person. Keep this in mind when you chose your song - on the spectrum of EASY to COMPLEX - please keep it on the easier side. Try not to go over 5 minutes for your turn.

## **List of Songleaders:**

- Ilana, Elan, Maxwell and Michal, Harriette Mevakeshet, Mac/Arlene Geiger, Caryn Shebowich, Molly Schulman, Shira Stanford-Asiyo, Margot Seigle, Gabriel Lehrman, Noam & Arielle, **Keshira, Amelia Viney, Ethan Aronson, Joelle Novey,**

# Lyrics Here

<https://www.letmypeoplesing.org/calendar>

## Current Song is here!

Oh the world is changing and I am changing with it  
Oh the world is changing and I am changing to

### In the Ease - Rachel Rose Reid

In the ease and in the struggle  
If I fly or if I fall Shekhinah,  
El Shaddai  
I'm also not alone at all

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### We Were Made for These Times - Arielle Korman & Noam Lerman

We were made for these times  
We were made for these times  
(Tr)Ancestors holding us through our lives  
We were made for these times

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We are woven of stories and song  
The ways our peoples survive  
Teaching us how to love and thrive  
We were made for these times

We are rooted in clay and soil  
The stillness we gain from the earth  
We might not know but we can learn  
We were made for these times -

We are nourished by long deep breaths  
and those who breathed long ago  
we feel them calling in our bones  
we were made for these times

As we move through pain and loss  
Struggling just to get by  
We can remember what we've forgot  
We were made for these times

### **Ani l'dodi v'dodi - Gabriel Lehrman**

Ani l'dodi v'dodi li  
Ha'Roeh BaShoshanim  
Mi Zot Ola  
Min HaMidbar  
[translation: I am my beloved and my beloved is mine  
The shepherd is in the roses  
Who is that coming up  
From the desert]

Ana Adonai, Tune by Margot Seigle, text from Psalms  
Ana Adonai hoshia na / Ana Adonai hoshia na Ana Adonai hatzlicha' na / Ana Adonai hatzlicha' na  
Please g-d save us please go-d make us successful

### **Ozi - Shira Stanford-Asiyo, based on Gospel Song**

Ozi V'Zimrat Yah Vayahi Li Lishuah -  
I gotta Have you.

**Translation:** My strength and your song will be my saving grace.

### **When I am waiting out a storm by Kate Sutherland**

When I am waiting out a storm I come back to my breath  
When I am waiting out a storm I come back to my heartbeat  
yum ya da da dai

### **[Standing Stone By Melanie DeMore](#)**

I will be your standing stone, I will stand by you

### **Samuch libo by Shefa Gold**

Samuch libo lo yira (masculine)  
Samuch liba lo tira (feminine)

Heart supported, fearless. (Psalm 112:8)  
<http://www.rabbishefagold.com/supported/>

### **We pray for the liberation of our people by Elan**

We pray for the liberation of our people,  
we pray for the liberation of all people.  
Tzedek Tzedek Tirdof Justice Justice Justice you shall pursue,  
justice justice shall fill you justice for the incarcerated,  
may you be emancipated, justice for the detained, in our hearts you remain

### **By the Peace Poets**

This is mother nature calling, all of us to slow down.  
Listen to the rhythm...of the way we used to sound.

### **Courage - South Africa Apartheid Movement**

Courage, my friend, you do not walk along.  
We will, walk with you, and sing your spirit home.

### **Battle Hymn for Democracy - tune of Battle Hymn of the Republic**

lyrics: Mine Eyes have seen the coming of democracy's demise with the Sounding of the twitter this should not be a surprise. And the GOP's destroying independence of our court. It's what dark money's bought. There's corruption of the mind and of our public purse and each day it's getting worse.

**Glory to the opposition**, glory to the opposition, glory to the opposition - Truth must be preserved.

We're fighting for the Truth Against alternative facts. Lies if they're believed can lead to Terrifying acts. There's corruption of the mind and of our public purse and each day it's getting worse [ repeat chorus. We're fighting for a congress to confront the White House lies. Against the corporate swampland and Trump's Putin Moscow ties There's corruption of the mind and of the public purse - and each day it's getting worse. Chorus repeat. Thring thinks our country is his private company. The TOP's complicit and they

### ***Building The Culture of LET MY PEOPLE SING!***

- To whatever extent possible, **share what you know about where songs come from:** history, origin, background. Also share briefly how you learned it and who taught it to you.
- Please **allow for silence** at the end of each song to let the energy of the song settle.
- This time together is not about "singing well" - it is about **being together**; being more fully human and alive, through the power of song. **Everyone can sing! Everyone is "good" at this!!**

- **Please do not imitate, exaggerate, or make fun of any group of people's cultural or spiritual traditions or ways of expressing themselves, especially when they're not your own.** It is on each of us to know that everything we're bringing is offered with authenticity, integrity and respect.
- We have a lot of leaders and a lot of learners - we want to cultivate both. We want to lift up as many voices as possible, especially folks who are new at leading. **Let's make sure we are creating spaciousness for a diversity of voices.**