



# Pittsburgh Loves All Our Neighbors: How We Responded to Tragedy and Changed the Narrative

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Bend The Arc: Pittsburgh

# Welcome to Pittsburgh Loves All Our Neighbors

- Please mute yourself when you're not speaking
- Change your name on Zoom by clicking the three dots at the top of your video and then clicking "rename"
- For all of our digital security, do not take or share screenshots of this session

# Prayer for Healing (by Todd Herzog)

El na refana la  
Refana lanu  
Dear God of our ancestors  
Help us renew our faith  
Grant us a perfect healing  
Bring peace to all our days  
El na refana la  
Refana lanu

Restore our strength of body  
Help clarify our minds  
Refresh our tired spirits  
Rejuvenate our light  
El na refana la  
Refana lanu  
Thank you for all these blessings  
Throughout our days and nights  
We celebrate the journey  
This precious gift of life  
El na refana la  
Refana lanu

# Session Plan

1. Welcome
2. Our stories
3. Breakouts
4. Key takeaways
5. Final Q&A
6. Check in on covenants
7. Song

# Our covenants

- Put relationships first
- Embrace discomfort and dissonance
- Allow not-knowing and uncertainty
- Use “I” statements
- WAIT (Why am I talking? Why aren’t I talking?)
- Confidentiality - lessons leave; stories stay
- Own your intentions and your impacts (notice power dynamics)
- Assume the best of intentions

# Kehilat Pittsburgh

Elinor Nathanson and Sara Stock Mayo

We must build bridges  
Let us build bridges with each other  
Anachnu kehila echad  
(We are one community)

We're like our rivers  
Three rivers flowing all together  
Anachnu Kehila echad  
(We are one community)

We are commanded to love our  
neighbors  
Yai lai lai  
We are commanded to love the  
stranger  
Yai lai lai  
Anachnu Kehila echad